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**PRECISION**
ORTHOTICS & PROSTHETICS
A family you can trust!

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CUSTOM AFO CARE INSTRUCTIONS

The custom AFO you received will have a break in period that needs to be done before a full day use. To break in the custom AFO you will want to wear it for no more than 2 hours the first day. Increase the wear of the gauntlet for 1-2 hours per day until a full 8 hours is obtained. This will allow for acclimation of the brace and also break in of the leather.

Please watch your feet during the break in period for *blisters, calluses, or red marks that last for longer than 15-20 minutes*. If a red mark lasts this long it could come to be a sore which we do **NOT** want. If any of these problems do occur please **STOP** wearing the brace and follow up with your practitioner. If you can not reach your practitioner, please leave a message for them. Practitioners will get back to you by the latest the next business day. If there are no concerns or problems please wear the AFO full time and follow up as needed.

AFO care instructions: You will hand wash with a mild soap and water or rubbing alcohol and water. Please do **NOT** submerge in water or place in a washing machine as this could ruin the brace.

Please do not hesitate to call for any questions, problems, or concerns.

Patient Signature (Guardian)

Date