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**P**RECISION  
ORTHOTICS & PROSTHETICS  
*A family you can trust!*

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## KNEE BRACE WEAR/CARE INSTRUCTIONS

Wear the knee brace according to your Drs instructions, if they are specific. If they are not specific, wear the brace about 8 to 10 hours a day which is a usual work day. Watch your skin for any changes or concerns for at least the first week of wear to make sure there are no concerns. If you have any skin irritations or manufacturer defects please call us our office and notify your practitioner. If there are no concerns, please ask your Dr for the length of wear for this brace. Common wear time is 4-6 weeks to allow for full healing process.

Cleaning for this brace is going to be hand wash and air dry. Make a bowl of soap and water mixture which you can use laundry soap or hand soap. Use a cloth to clean with. Place the cloth in the soap and water mixture then ring out. Wipe down the surface that touches the skin and clean thoroughly to get dead skin cells and odor out. Then either hang dry/air dry or roll in towel to dry. How often you clean the knee brace is up to you, but recommended at least once a week.

Manufacturer instructions will also be provided to you with the brace for any further questions you may have about the brace.

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Patient Signature (Guardian)

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Date